

MONOLOGUE: PARENTAL INFLUENCE IN OUR MARRIAGE				
<p>As you fill out this review, remember the purpose is to share it with your spouse face to face. Only jot notes sufficient to remind you of what you want to share. Keep in mind that many marital interactions are a response to or a reaction against what one experienced in their family of origin. The issue is not "is this a good or bad practice," but rather, "are we both happy with it, or are we just behaving this way because my parents did/did not do it this way."</p>				
BEHAVIOR ROLES	Primary Responsibility		My Own Satisfaction	Spouse's Satisfaction
	Marriage	Family of Origin	Rate: 1 2 3 4 5	Rate: 1 2 3 4 5
Cars			1 2 3 4 5	1 2 3 4 5
House Cleaning			1 2 3 4 5	1 2 3 4 5
Household Chores			1 2 3 4 5	1 2 3 4 5
Cooking/Menus/ Food Purchase			1 2 3 4 5	1 2 3 4 5
Childcare			1 2 3 4 5	1 2 3 4 5
Home Maintenance			1 2 3 4 5	1 2 3 4 5
Yard Maintenance			1 2 3 4 5	1 2 3 4 5
Remodeling/Decorating			1 2 3 4 5	1 2 3 4 5
Bills/Financial Mgmt.			1 2 3 4 5	1 2 3 4 5
SCHEDULES				
Who gets up first			1 2 3 4 5	1 2 3 4 5
Who gets to stay up late			1 2 3 4 5	1 2 3 4 5
Who gets up first w/children			1 2 3 4 5	1 2 3 4 5
Who makes sure home is secure			1 2 3 4 5	1 2 3 4 5
Who gets to sleep in			1 2 3 4 5	1 2 3 4 5
Who gets to enjoy their hobbies first			1 2 3 4 5	1 2 3 4 5
Whose friends matter most in family schedules			1 2 3 4 5	1 2 3 4 5

VALUES	Primary Responsibility		My Own Satisfaction	Spouse's Satisfaction
	Marriage	Family of Origin	Rate: 1 2 3 4 5	Rate: 1 2 3 4 5
Who spends money			1 2 3 4 5	1 2 3 4 5
Who saves money			1 2 3 4 5	1 2 3 4 5
Who has most discretionary income			1 2 3 4 5	1 2 3 4 5
WHO IS RESPONSIBLE FOR				
Family Spirituality			1 2 3 4 5	1 2 3 4 5
Couple Closeness			1 2 3 4 5	1 2 3 4 5
Sex			1 2 3 4 5	1 2 3 4 5
Family Activities			1 2 3 4 5	1 2 3 4 5
Family Scheduling/ Shuttling of Children			1 2 3 4 5	1 2 3 4 5
Relationships/ Atmosphere			1 2 3 4 5	1 2 3 4 5
Children's Homework			1 2 3 4 5	1 2 3 4 5
1. Items where I follow my Family of Origin (FOR) practices:				
2. Items where I do the opposite of my FOR:				
3. Items I wish we would practice now like my FOR:				
4. My impressions after looking over my responses:				
5. My impressions after sharing with my spouse:				